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Autonomous sensory meridian response (ASMR) is an experience characterized by a static-like or tingling sensation on the skin that typically begins on the scalp and moves down the back of the neck and upper spine. It has been compared with auditory-tactile synesthesia and may overlap with frisson.. ASMR signifies the subjective experience of "low-grade euphoria" characterized by "a combination ...

Autonomous sensory meridian response - Wikipedia

Whispering e role-play. Un metodo diffuso per stimolare l'ASMR Ã l'ascolto di voci sussurrate. Come si evince da YouTube, i creatori di una grande quantitÃ di video e registrazioni audio sono soliti sussurrare o comunicare con un'intonazione molto dolce e pacata verso la telecamera o dentro a strumenti per la registrazione.

Autonomous sensory meridian response - Wikipedia

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